



www.Able-training.co.uk

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## Able Training Course Brochure

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AED/Scenario training/Paediatric (page 2)
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## Conflict Management

Conflict Management Level 2 **Accredited**  
Duration 6 Hours. On site from £300 + £15 per person

The HABC Level 2 Award in Conflict Management has been developed to meet the requirements of individuals who need training in conflict management. Suitable for a wide range of sectors.

Challenging Behaviour  
Duration 3 Hours On site from £250

'Challenging behaviour' comes in many forms and is most often exhibited by people with developmental disabilities, dementia, psychosis and by children, although it can be displayed by any person. This half day course explores the causes and the management of such behaviour.

De-escalation  
Duration 6 Hours On site from £300

This full day course explores the ability to resolve conflict through interpersonal skills rather than force. It is also great accompanying course to challenging behaviour.

## 📍 Fire Safety

Fire Safety Awareness  
Duration 3 Hours On site from £250

This half day course is aimed at all staff, where a basic understanding of fire safety is required. It is also is an ideal

refresher course for all staff.

Fire Marshal Training  
Duration 5 Hours On site from £300

This 5 hour course in managing fire safety/fire marshal training is aimed at anyone involved in the management of fire safety in any workplace.

Fire Safety Level 1 **Accredited**  
Duration 3 Hours On site from £250 + £10 per person

The Level 1 Award in Fire Safety Awareness is a qualification aimed at all staff, where a basic understanding of fire safety is required.

Fire Safety Level 2 **Accredited**  
Duration 6 Hours On site from £300 + £12.5 per person

This 5 hour course in managing fire safety/fire marshal training is aimed at anyone involved in the management of fire safety in any workplace.

Fire Extinguisher Training  
Duration 2 Hours On site from £250 + £10 per person

This course teaches the attendees through both theory and practical demonstration how to safely use fire extinguishers. This training can also be included in any of the other Fire Safety courses and we only charge the per person cost to add it.

## 🎯 First Aid

First Aid Awareness/ Refresher  
Duration 3 Hours On site from £250

This course is suitable if you would like you or your staff to have a basic knowledge of first aid but don't require the full accredited courses It can also be used as induction training or as the HSE recommended annual refresher.

Emergency First Aid at Work (EFAW) **Accredited**  
Duration 6 Hours On site from £350

Successfully completing a 1 day (6 hour) Emergency First Aid at Work course will enable the delegate to act as a first-aider within their workplace. Continuous assessment of participants' practical skills takes place throughout the course.

First Aid at Work (FAW) (HSE approved) **Accredited**  
Duration 3 Days On site from £1000 + £10 per person

Meet the statutory requirements of the Health and Safety (First Aid) Regulations 1981 with a three day course (18 hours) that covers an extensive range of first aid emergencies, and how to deal with them.

First Aid at Work (Re-qualification) (HSE approved) **Accredited**  
Duration 2 Days On site from £750 + £10 per person

This is a 2 day (12 hour) course for qualified First Aiders to update their practical skills and knowledge leading to First Aid

at work certificate renewal.

First Aid Scenario Workshop  
Duration 3-6 Hours On site from £300

First aid scenario workshops give attendees a chance to pressure test their first aid skills, check their knowledge and update their training. These workshops can be adapted to include scenarios that suit your work environment and dangers.

CPR & A.E.D (Defibrillator) Training Level 2 **Accredited**  
Duration 3 Hours On site from £250 + £12.50 per person

This half day qualification provides learners with skills to further their First Aid training. It is recommended as training for first aiders in the workplace environment who have access to a defibrillator.

Paediatric First Aid (1 or 2 day) (Ofsted approved) **Accredited**  
Duration 2 Days On site from £300 - £600 + £12.50 per person

The course provides theoretical and practical training in First Aid techniques that are specific to infants aged from 0 to the onset of puberty. (For the purposes of Registered Childcare provision and Early Years childcare, the Candidate must complete the full 2 day course.)

## 🎯 Food Safety

Food Safety Awareness (Retail, Manufacturing or Catering)

**Duration 3 Hours On site from £250**

This half day course will provide candidates with the basic knowledge and understanding of food safety to allow them to fulfil their legal duties. Ideal for low contact food jobs, induction and refresher training.

Food Safety Level 2 - refresher

**Accredited**

**Duration 3 Hours On site from £250 + £12.50 per person**

This is an accredited course through the HABC and can be offered specifically to suit the work situation whether that is retail, manufacturing or catering. This is usually the standard training for those working directly with food.

Food Safety Level 1 (Retail, Manufacturing or Catering) **Accredited**

**Duration 3 Hours On site from £250 + £10 per person**

This HABC accredited course will provide candidates with the basic knowledge and understanding of food safety to allow them to fulfil their legal duties. Ideal for low contact food jobs, induction and refresher training.

HACCP for catering Level 2

**Accredited**

**Duration 6 Hours On site from £300 + £12.50 per person**

This HABC Accredited course is ideal for those responsible for developing and maintaining the business's food safety procedures.

Food Safety Level 2 (Retail, Manufacturing or Catering) **Accredited**

**Duration 6 Hours On site from £300 + £12.50 per person**

This is an accredited course through the HABC and can be offered specifically to suit the work situation whether that is retail, manufacturing or catering. This is usually the standard training for those working directly with food.



## 🎯 Health & Safety

Health & Safety Awareness

**Duration 3 Hours On site from £250**

This half day course will provide candidates with the basic knowledge and understanding of health and safety to allow them to fulfil their legal duties.

COSHH Awareness

**Duration 2 Hours On site from £250**

The Control of Substances Hazardous to Health (COSHH) awareness course is aimed at those learners who work in an environment where coming into contact with hazardous substances is likely.

Health & Safety Level 1

**Duration 3 Hours On site from £250 + £10 per person**

**Accredited**

This HABC accredited course is available as a general course or can be offered industry specific in catering, manufacturing, care or retail. This course is an ideal accredited option for introduction or refresher training.

Health & Safety Level 2

**Accredited**

**Duration 6 Hours On site from £300 + £12.50 per person**

This is an accredited course through the HABC and the qualification is applicable for any private or public sector working environment and provides employees with an awareness of their own safety, as well as the safety of customers, contractors and members of the public.

COSHH Level 2

**Accredited**

**Duration 3 Hours On site from £250 + £12.50 per person**

The Level 2 Award in the Control of Substances Hazardous to Health (COSHH) is aimed at those learners who work in an environment where coming into contact with hazardous substances is likely.

## 🎯 Moving & Handling

Moving and Handling Loads

**Duration 3 Hours On site from £250**

This half day course provides an effective means of ensuring that employees are aware of their responsibilities and have understood the principles of the safe moving and lifting of loads. It is an ideal introduction or refresher course

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Moving People Safely

**Duration 3 Hours On site from £250**

This half day course is an ideal refresher course for those working in areas where the assistance and movement of people is a prerequisite part of their role.

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Safe Moving & Handling Level 2

**Accredited**

**Duration 6 Hours On site from £300 + £12.50 per person**

This is an accredited course through the HABC and the qualification is applicable for any private or public sector working environment and provides employees with an awareness of their own safety, as well as the safety of customers, contractors and members of the public.


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Moving People Safely Level 2

**Accredited**

**Duration 7 Hours On site from £300 + £15 per person**

This is an accredited course through the HABC and the qualification is applicable for any private or public sector working environment and provides employees with an awareness of their own safety, as well as the safety of customers, contractors and members of the public.

 **Physical Intervention** - (Our physical intervention skills are based on natural movements that do not rely on strength or aggression and are based on guidelines from BILD, MAPPA, ICM and NHS)

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Breakaway Techniques Training

**Duration 6 Hours On site from £450**

This is a one day course that explores the law regarding physical intervention and teaches staff disengagement and defence techniques for varying risk levels.

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Breakaway & Restraint Techniques

**Duration 2 days On site from £900**

This is a two day course that explores the law regarding physical intervention and restraint and then teaches staff physical techniques including disengagement, defence techniques, basic guiding and holding/restraint techniques for varying risk levels.

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Advanced Physical Intervention Training

**Duration 3 days On site from £1500**

This is a Three day course that explores the law regarding physical intervention and restraint and then teaches staff physical techniques including disengagement, defence techniques, basic and advanced guiding and holding/restraint techniques for varying risk levels.

## 🎯 Security Courses

Door Supervisor Course Level 2 **Accredited**  
Duration 3 days On site from £1500 + £50 per person

The HABC Level 2 Award in Door Supervision has been developed to meet the requirements of the Security Industry Authority (SIA). This course is run over 30 hours split over 3 days, we also include an optional 4th day that teaches more advanced physical intervention skills.

Physical Intervention Level 2 **Accredited**  
Duration 8 Hours On site from £500 + £10 per person

The HABC Level 2 Award in Door Supervision has been developed to meet the requirements of the Security Industry Authority (SIA). This course is run over 30 hours split over 3 days, we also include an optional 4th day that teaches more advanced physical intervention skills.

Advanced Physical Intervention for Door Supervisors  
Duration 6-8 Hours On site from £25 per person

This one day course is offered as an addition to either the Door supervisor qualification or the Physical Intervention level 2 course. It teaches the delegates additional techniques to give them more options when on the job.

## 🎯 Miscellaneous

Infection Control Awareness  
Duration 3 Hours On site from £250

This half day course will provide candidates with the basic knowledge and understanding of infection control and meets all the requirements of the Induction Standard 4.6 "Infection control" to allow them to fulfil their legal duties. Ideal as induction or refresher training.

Infection Control Level 2 **Accredited**  
Duration 6 Hours On site from £300 + £12.50 per person

This 4-6 hour course is an accredited Infection Control course. It is essential that employees are aware of the hazards and controls associated with the spread of infection in their workplace.

Anaphylaxis Training  
Duration 3 Hours On site from £250

This course offers theoretical understanding of the causes, signs, symptoms and first aid treatment of anaphylaxis. It also includes practical training in the use of adrenalin injectors.

🎯 Courses coming soon- Dementia awareness, Equality and diversity, Lone worker personal safety, Self protection.

## Half day courses offer

Choose any two of the following 3 hour courses and get both held on the same day from only £300.

- ① Managing challenging behaviour
- ① Food safety awareness
- ① Fire safety awareness
- ① Moving and handling- loads
- ① Moving and handling- people
- ① First aid awareness
- ① COSHH
- ① Infection control
- ① Health and safety awareness
- ① Anaphylaxis
- ① CPR & AED awareness

Soon to include

- ① Dementia awareness
- ① Safeguarding vulnerable adults
- ① Equality and diversity

Contact us-

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